



# Certificate in Integrative Clinical Supervision & Advanced Reflective Practice

(Dates to be scheduled: Autumn 2012)

### **COURSE AIMS AND OBJECTIVES:**

Supervision in some form is viewed as a key component of many professions in the provision of support to practitioners, enhancement of ongoing learning, and, to a greater or lesser degree, it offers some protection to the public. This course is intended for people from a variety of therapeutic disciplines who are intending, beginning or already practising supervisors. It is designed to enable individuals to extend their understanding and knowledge of supervision, incorporating theoretical input with opportunities for group discussion and experiential exercises.

### **WHO SHOULD APPLY**

This course will be of interest to professionals who work in an integrative manner. It will be of particular interest to counsellors, psychotherapists, guidance counsellors, psychologists, healthcare professionals, probation officers, social services personnel, managers, and all who supervise the work of others in the helping professions.

### **SUPERVISION ACCREDITATION:**

This course is also designed to meet the criteria outlined by the Irish Association for Counselling and Psychotherapy (IACP) and the Irish Association for Humanistic and Integrative Psychotherapy (IAHIP) for accreditation as a Supervisor. Requirements for Supervisory Accreditation are:

- 5 years practice post accreditation with IACP / IAHIP;
- Evidence of completion of a core training programme in supervision with the following components:
  - A minimum of 100 hours of training with a balance of theory, professional development, skills and professional practice; and
  - Evidence of 50 hours of supervised supervision training practice.

### **COURSE CONTENT:**

- Definitions and purpose of supervision;
- Core theoretical models of the supervisory process will be explored including those of Page and Wosket, Hawkins and Shohet and Tony Morrison;
- Learning Styles;
- Consideration of the training development and supervisory needs of supervisors;
- Opportunities to role-play in triads as supervisor, supervisee and observer, using participants' own case work;
- Advanced Microskills revision and skills practice;
- The dynamics of transference, counter-transference and the parallel process;
- Reflection on the similarities and differences of supervision in a one-to-one, group or organisational context; and
- Consideration of multicultural, ethical and professional issues.

### **LEARNING OUTCOMES:**

Participants will be able to:

- Demonstrate awareness of the educative, supportive and managerial elements of supervision;
- Reflect on the similarities and differences of supervision in a one-to-one, group or organisational context;
- Evaluate preferred learning styles and understand how preferred learning styles relate to motivation, learning and within the context of a supervisory relationship;
- Demonstrate how to establish a professional supervisory relationship with a supervisee and manage the contracting aspects of the initial stages;



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- Be able to intervene in appropriate ways in supervisory sessions;
- Identify two supervision models and the characteristics, features and limitations of each;
- Facilitate containment (for self and supervisee), support and appropriate challenge in the supervisory relationship;
- Be clear about the importance of establishing and maintaining an ethical framework for practice;
- Sensitise themselves to the implications of their behaviours and interventions on supervisees and review the impact of their supervisory styles;
- Work with particular situations so as to be aware of ethical/legal dilemmas and to be able to isolate the ethical issues at stake;
- Be aware of the organisational context and how this may impact on supervision; and
- Critically evaluate ethical approaches to supervision.

## **COURSE STRUCTURE AND PHILOSOPHICAL ETHOS:**

The mission of IICP Education and Training focuses on the promotion of comprehensive education and training programmes within the context of mental health service provision. The core ethos of the Institute is to promote a learner-centred environment which reflects the principals of the Quality School Model as developed by Dr. William Glasser. The Quality School Model stresses that education should enhance the quality of the learner's life and therefore promotes the creation of a learning environment whereby participants are empowered, respected and viewed as contributing members of their community. In order to have concrete mechanisms to continuously improve the learning environment, emphasis is placed on developing a culture of collaborative responsibility between faculty and learners. The programme is highly interactive, experiential and taught through lectures, small group work and group and individual projects, role-play and supervision practice.

## **ASSESSMENT REQUIREMENTS:**

1. **Essay:** My Personal Philosophy of Supervision (3,000 words approx.)
2. **Journal:** Sessional Reflective Learning Journal (3,000 words approx.)
3. **Tape:** Audio tape of Supervision Session

*The following assessments are also required for participants who intend to apply for Supervisory Accreditation with IACP/IAHIP:*

4. **Clinical Log:** confirming 50 hours of Supervised Supervision Practice
5. **Report:** Supervisor's Report form

## **CONDITIONS OF PARTICIPATION:**

1. Application form and attendance at an interview to assess suitability for the programme;  
(*For therapists who intend to apply for supervisory accreditation with IACP / IAHIP*)
1. Evidence of Professional Indemnity Insurance; and
2. Evidence of professional contracted relationship with an accredited supervisor.

**COSTS: €1,950.00**

## **ADDITIONAL COSTS:**

(*For therapists who intend to apply for supervisory accreditation with IACP / IAHIP*)

- Professional Indemnity Insurance; and
- Supervision.



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## Certificate in Integrative Supervision & Advanced Reflective Practice Application Form – February 3, 2011 to June 9, 2011

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Tel No(s): \_\_\_\_\_

Email address: \_\_\_\_\_

Relevant to IACP/ IAHIP Accredited Therapists Only:

Qualifications in Counselling: \_\_\_\_\_

Accreditation: \_\_\_\_\_  
(please attach evidence of your qualifications and accreditation with professional body)

Please explain your reasons for wanting to embark on this course of study:

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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please include the names and telephone contact details of two referees who can vouch for your suitability for this course of study:

1. Name: \_\_\_\_\_ Tel: \_\_\_\_\_

2. Name: \_\_\_\_\_ Tel: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

***NB: Please send your completed application by return to:  
Ms. Norah Byrne, IICP, Main Building  
Killinarden Enterprise Park, Killinarden, Dublin 24***